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# Molecular Endotypes for Sepsis and AKI

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#### Disclosures

#### Chief Medical Officer

Spectral Medical

#### Consultant

- Norvartis
- Astute Medical
- bioMérieux

#### Intellectual Property

- Astute Medical/bioMérieux
- Cytosorbents
- JERM
- Klotho

# Endotype = Endophenotype

• ... ability to differentiate between potential diagnoses that present with similar symptoms.

#### Genetic epidemiology

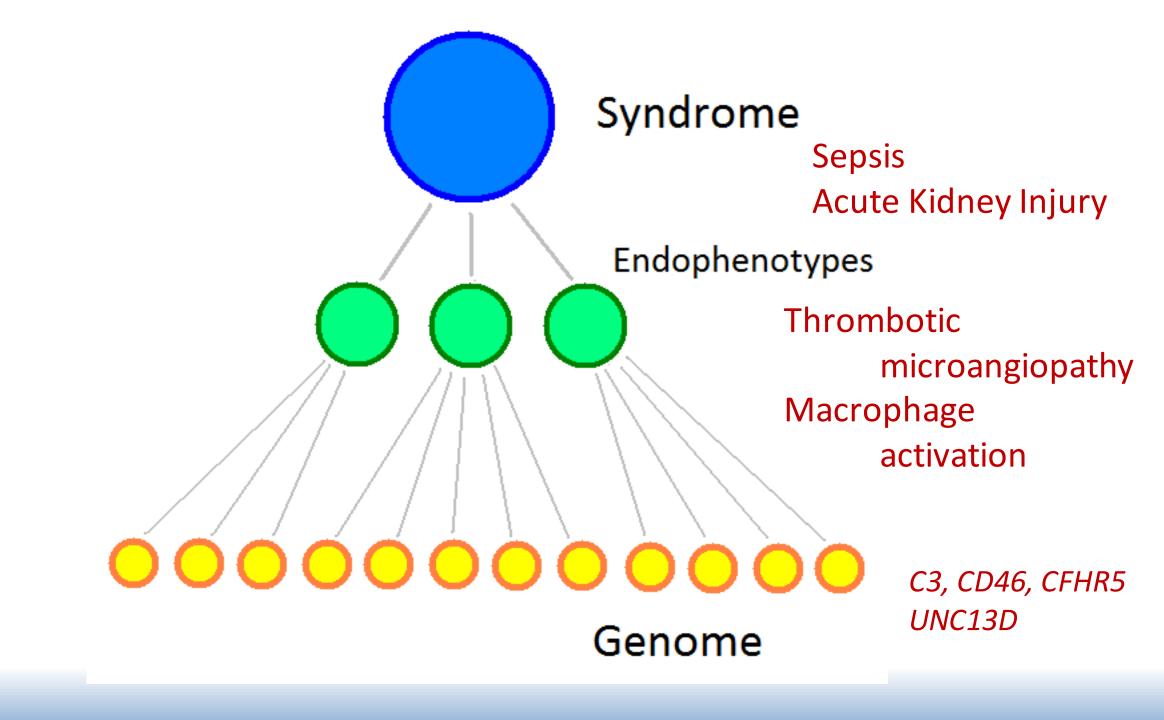
- Separate behavioral symptoms into more stable phenotypes with a clear genetic connection.
- The concept to explain the geographic distribution of grasshoppers. 1966

#### Psychiatric genetics

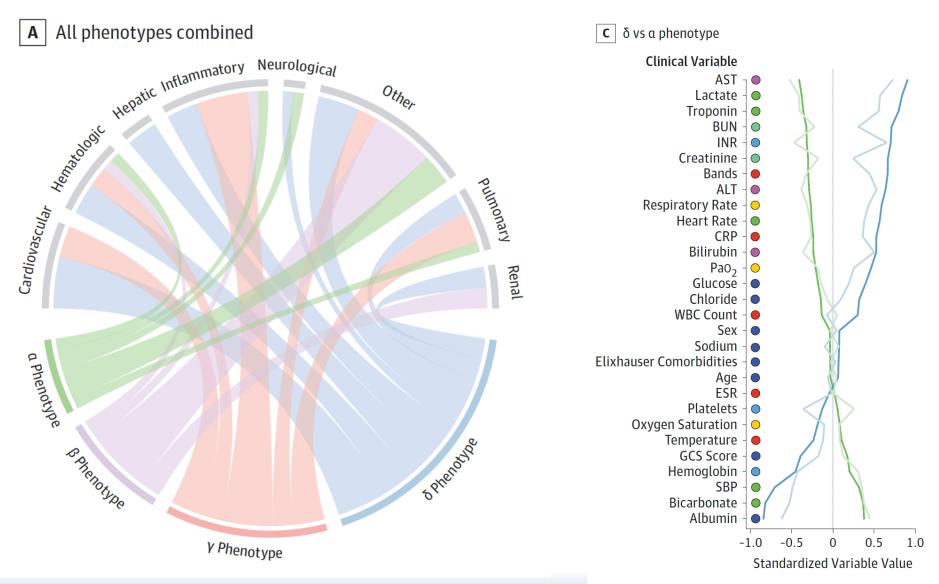
- Bridge the gap between high-level symptom presentation and low-level genetic variability, such as single nucleotide polymorphisms.
- Examples: bipolar disorder and schizophrenia

#### Other conditions

• ADHD, addiction, Alzheimer's disease, obesity and cystic fibrosis

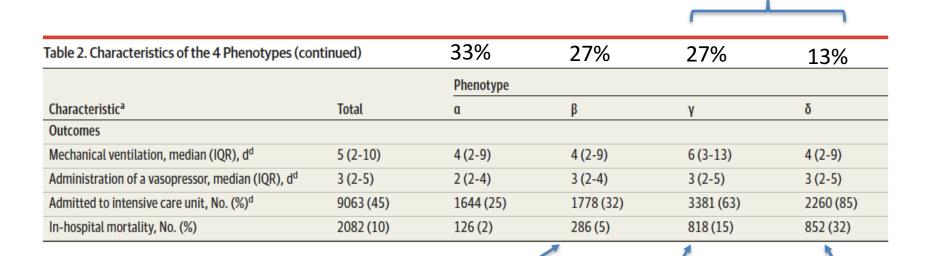


# Sub-phenotype vs Endotype



# Sub-phenotypes by Machine Learning

More inflammation

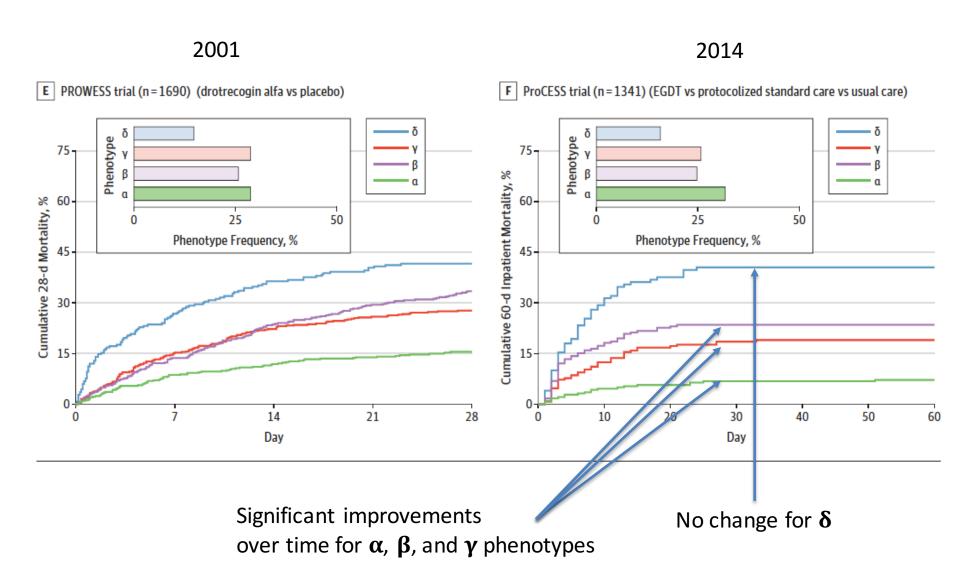


More underlying comorbidity
Higher post-d/c
mortality

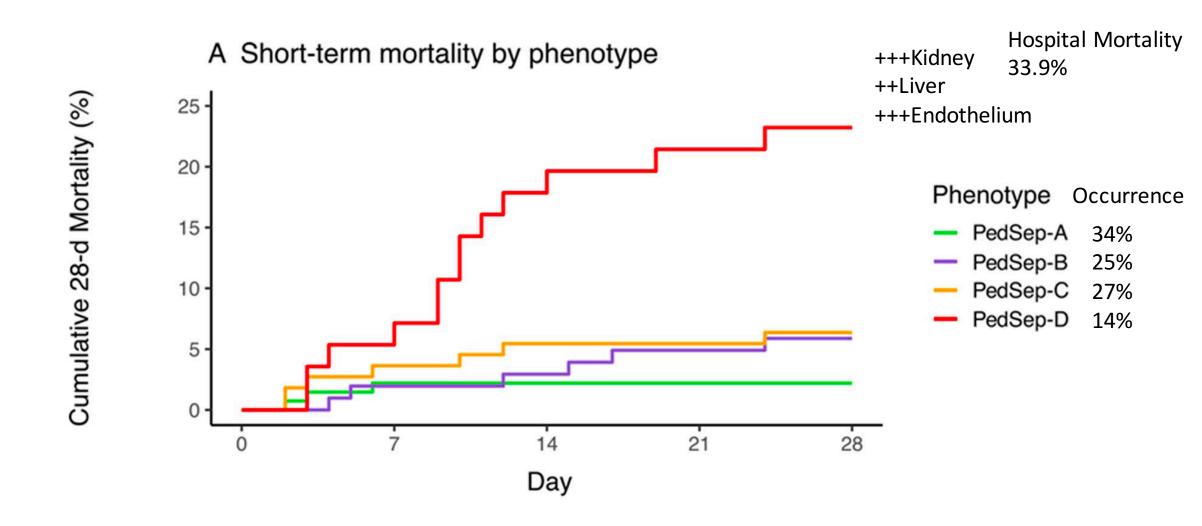
More pulmonary involvement

Acute Kidney Injury Hepatic Dysfunction Endothelial Dysfunction

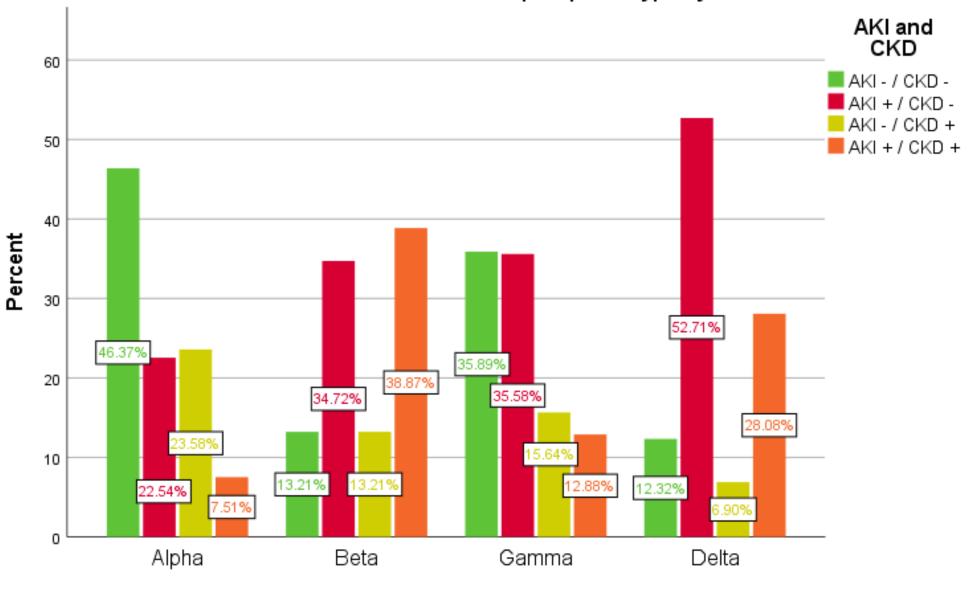
# Survival improving for most forms of sepsis . . .



#### **Pediatrics**



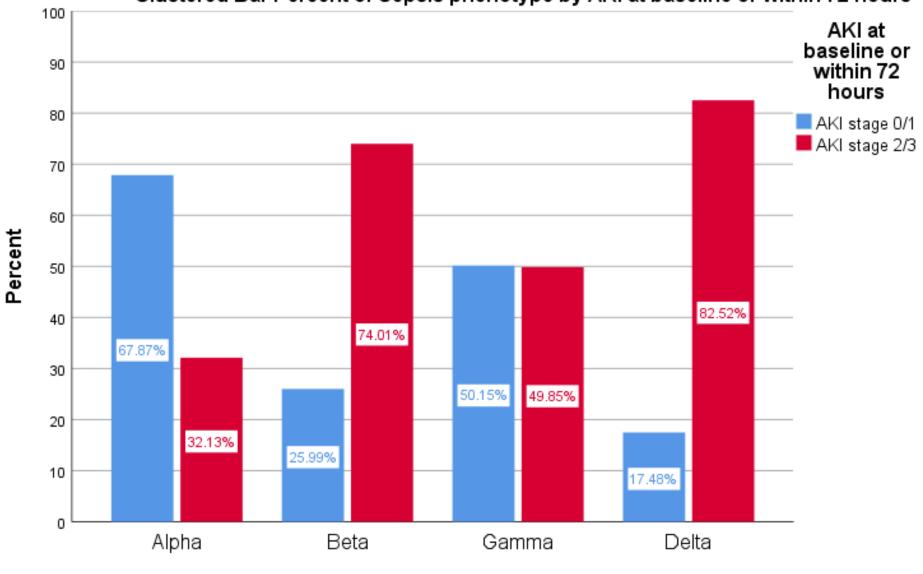
#### Clustered Bar Percent of Sepsis phenotype by AKI and CKD



Sepsis phenotype

Molinari L, et al. Chest 2024 In Press

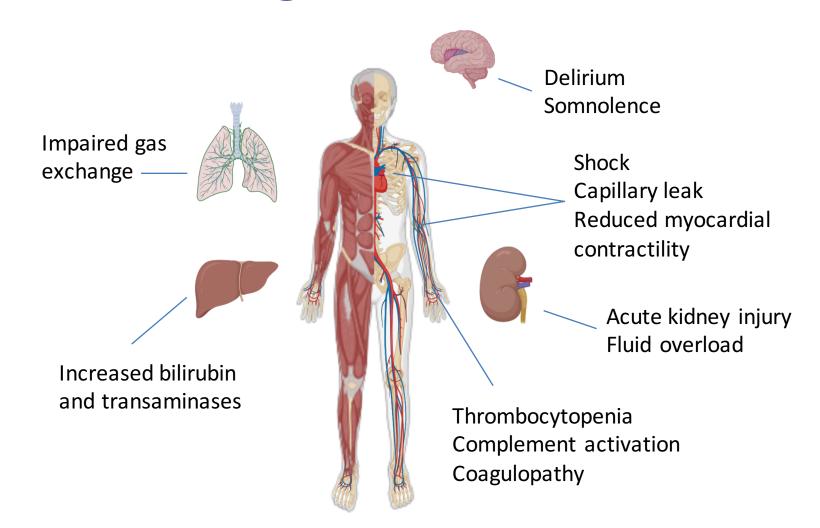
#### Clustered Bar Percent of Sepsis phenotype by AKI at baseline or within 72 hours



Sepsis phenotype

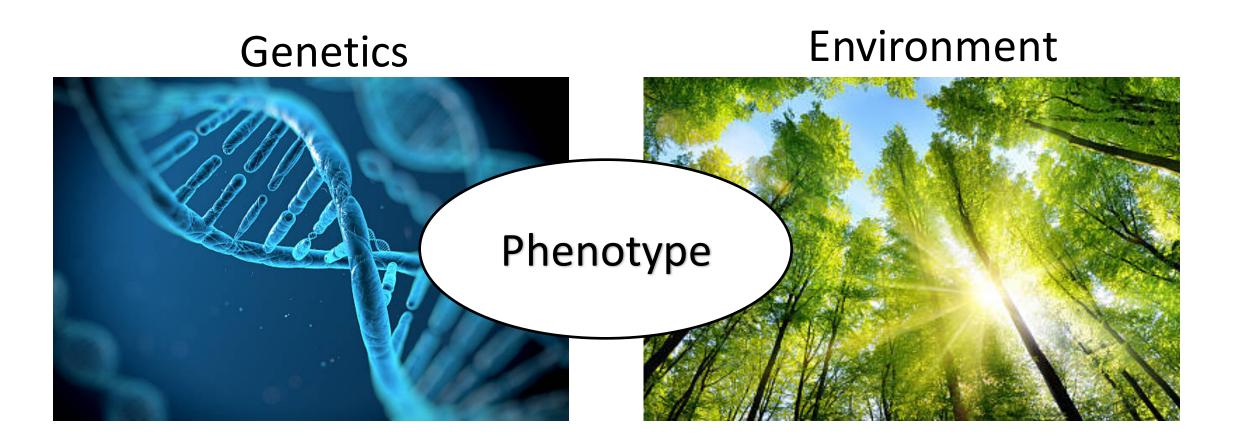
Molinari L, et al. Chest 2024 In Press

# Sepsis-induced Organ Dysfunction



While patients can develop dysfunction in all organs, a typical patient has some but not all organs affected

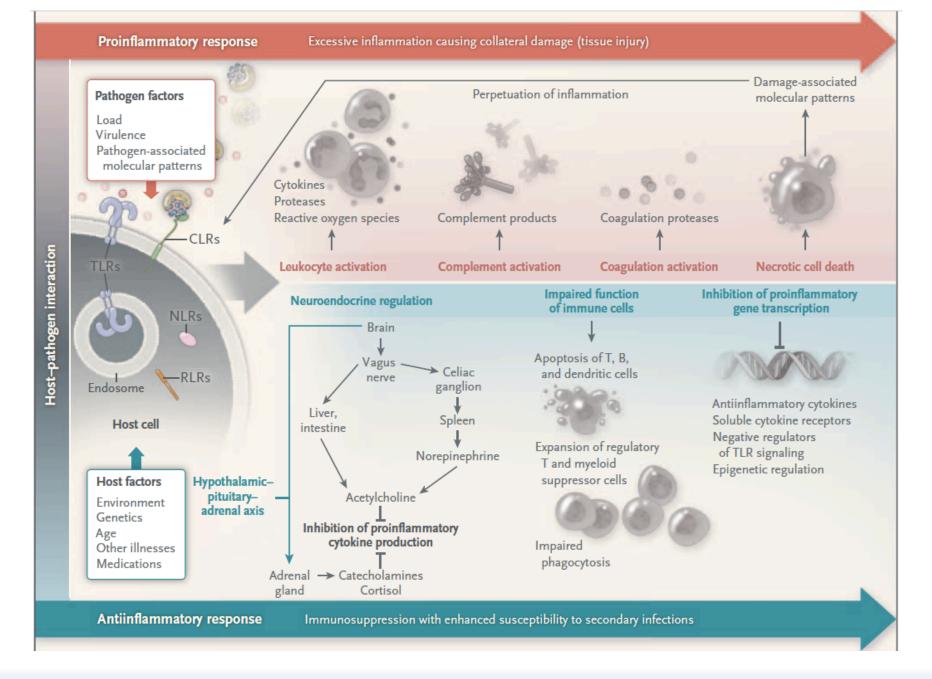
# Why do we see different Phenotypes?



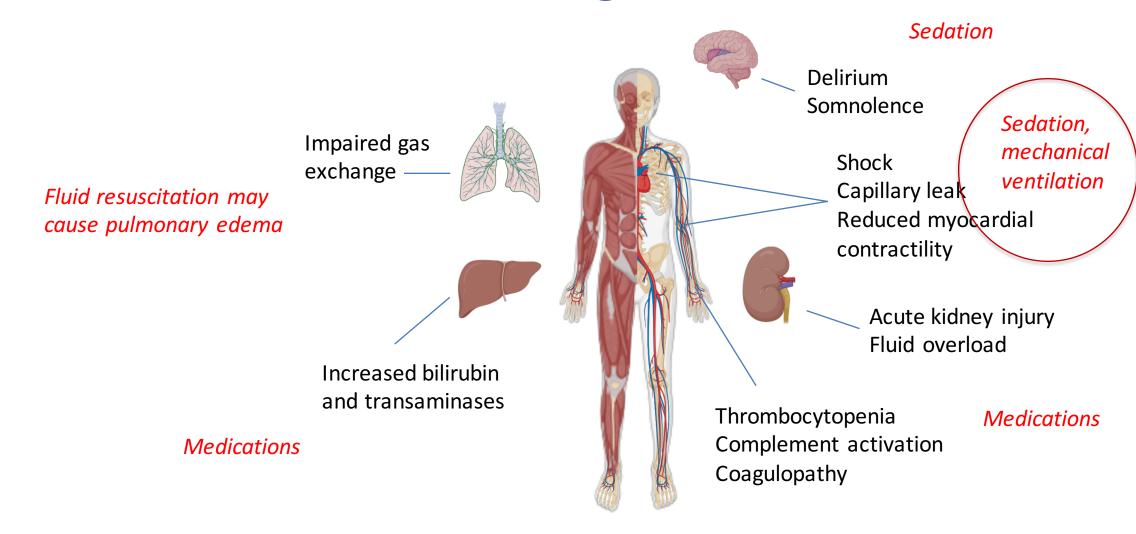
# Why do we see different Phenotypes?

#### **Environment**



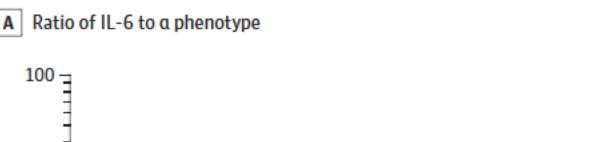


# Infection-associated Organ Dysfunction

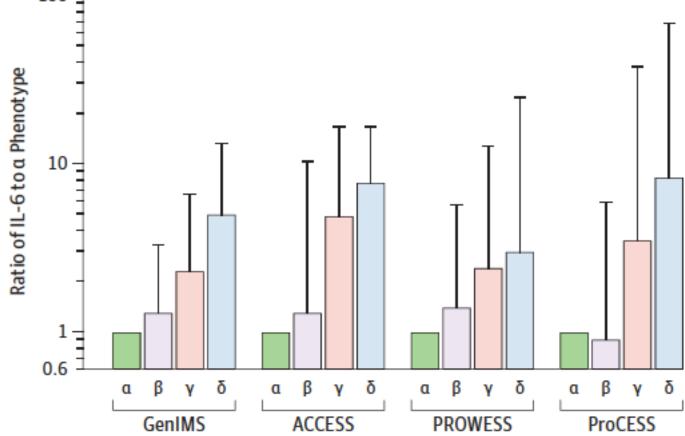


Various treatments for serous infection may be the cause organ dysfunction rather than sepsis.

### Phenotype is related to inflammatory mediator expression

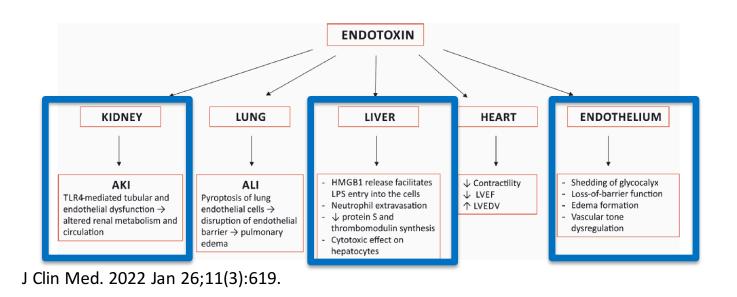


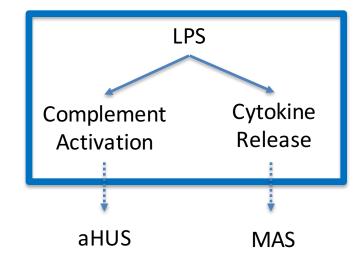




## Environment: Phenotype is not related to site of infection







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BRIEF REPORT —

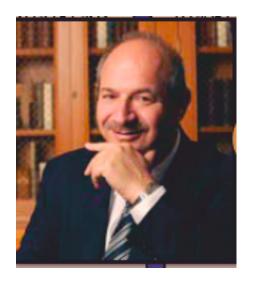
#### BRIEF REPORT: SHOCK AND MULTIPLE-ORGAN DYSFUNCTION AFTER SELF-ADMINISTRATION OF SALMONELLA ENDOTOXIN

Angelo M. Taveira da Silva, M.D., Ph.D.,
Helen C. Kaulbach, M.D.,
Francis S. Chuidian, M.D.,
David R. Lambert, M.D.,
Anthony F. Suffredini, M.D.,
and Robert L. Danner, M.D.

Laboratory technician selfinjected 1 mg of *Salmonella minnesota* LPS



Profound Shock
Vasodilatation
AKI
Thrombocytopenia
Increased PTT
Hepatic dysfunction
No Pulmonary or CNS



# Defective LPS Signaling in C3H/HeJ and C57BL/10ScCr Mice: Mutations in *Tlr4* Gene

Alexander Poltorak, Xiaolong He,\* Irina Smirnova, Mu-Ya Liu,†
Christophe Van Huffel,‡ Xin Du, Dale Birdwell, Erica Alejos,
Maria Silva, Chris Galanos, Marina Freudenberg,
Paola Ricciardi-Castagnoli, Betsy Layton, Bruce Beutler§

Mutations of the gene *Lps* selectively impede lipopolysaccharide (LPS) signal transduction in C3H/HeJ and C57BL/10ScCr mice, rendering them resistant to endotoxin yet highly susceptible to Gram-negative infection. The codominant *Lps<sup>d</sup>* allele of C3H/HeJ mice was shown to correspond to a missense mutation in the third exon of the Toll-like receptor-4 gene (*Tlr4*), predicted to replace proline with histidine at position 712 of the polypeptide chain. C57BL/10ScCr mice are homozygous for a null mutation of *Tlr4*. Thus, the mammalian *Tlr4* protein has been adapted primarily to subserve the recognition of *LPS* and presumably transduces the *LPS* signal across the plasma membrane. Destructive mutations of *Tlr4* predispose to the development of Gram-negative sepsis, leaving most aspects of immune function intact.

Conservative estimates hold that in the United States alone, 20,000 people die each year as a result of septic shock brought on by Gram-negative infection (1). The lethal effect of a Gram-negative infection is linked, in part, to the biological effects of bacterial lipopolysaccharide (endotoxin), which is produced by all Gram-negative organisms. A powerful activator of host mononuclear cells, LPS prompts the synthesis and release of tumor necrosis factor (TNF) and other toxic cytokines that ultimately lead to shock in



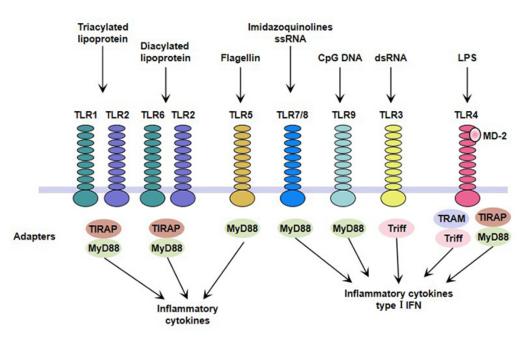
Nobel Prize, 2011
Together with
Jules Hoffman

#### DAMPs and PAMPs

• Damage-Associated Molecular Patterns

Pathogen-Associated Molecular Patterns

- HMGB1
- Heat-shock Proteins
- Hyaluronan fragments
- Uric acid
- Heparin sulfate
- DNA

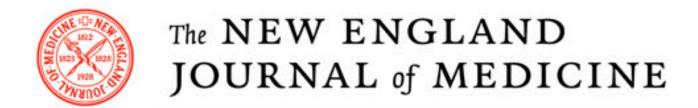


- Endotoxin
- Flagellin
- Lipoteichoic acid (grampositive bacteria)
- Peptidoglycan
- Nucleic acid variants (viruses)
   e.g. double-stranded RNA
   (dsRNA),
   unmethylated CpG motifs

# Why do we see different Phenotypes?

#### Genetics





#### ORIGINAL ARTICLE

#### A Randomized Trial of Protocol-Based Care for Early Septic Shock

The ProCESS Investigators

#### ABSTRACT

#### BACKGROUND

In a single-center study published more than a decade ago involving patients presenting to the emergency department with severe sepsis and septic shock, mortality was markedly lower among those who were treated according to a 6-hour protocol of early goal-directed therapy (EGDT), in which intravenous fluids, vasopressors, inotropes, and blood transfusions were adjusted to reach central hemodynamic targets, than among those receiving usual care. We conducted a trial to determine whether these findings were generalizable and whether all aspects of the protocol were necessary.

The members of the writing committee (Donald M. Yealy, M.D., John A. Kellum, M.D., David T. Huang, M.D., Amber E. Barnato, M.D., Lisa A. Weissfeld, Ph.D., and Francis Pike, Ph.D., University of Pittsburgh, Pittsburgh; Thomas Terndrup, M.D., Ohio State University, Columbus; Henry E. Wang, M.D., University of Alabama at Birmingham, Birmingham; Peter C. Hou, M.D., Brigham and Women's Hospital, Boston; Frank LoVecchio, D.O., Maricopa

#### **BRIEF COMMUNICATION**



# Adults with septic shock and extreme hyperferritinemia exhibit pathogenic immune variation

Kate F. Kernan<sup>1,2</sup> • Lina Ghaloul-Gonzalez<sup>2,3,4</sup> • Bita Shakoory • John A. Kellum<sup>1</sup> • Derek C. Angus<sup>1</sup> • Joseph A. Carcillo<sup>1,2,3</sup>

Table 1 Clinical phenotypes of subjects enrolled in the study

Subject	Age	Sex	SBP (mmH- g)	Lactate (mmol/ L)	WBC (×10 <sup>9</sup> / L)	Hgb (g/dL)	Plt (×10 <sup>9</sup> / L)	INR	PTT (s)		Cr (g/ dL)	Ferritin (ηg/mL)	Infection	APACHE II	Dead at 30d
1	32	M	80	3.9	2.9	8.4	44	1.5		2.5	3.1	14,949	Culture negative	24	Yes
2	73	M	83	16	10.5	17.4	57	1.2	26.0	1.5	2.7	36,240	UTI/BSI	42	Yes
3	64	F	91	7.4	2.9	14.8	33			1.7	3.3	7,259	BSI	18	No
4	44	F	140	9.5	6.4	9.1	25	1.8		6.2	0.8	8,329	PNA/ BSI	20	Yes
5	51	M	70	6.3	4.5	13.9	50		47.1	1.8	3.5	55,314	PNA/ BSI	37	Yes
6	70	F	102	3.9	8.4	5.1	88	3.2	48.0	6.4	5.1	11,850	Culture negative	22	Yes

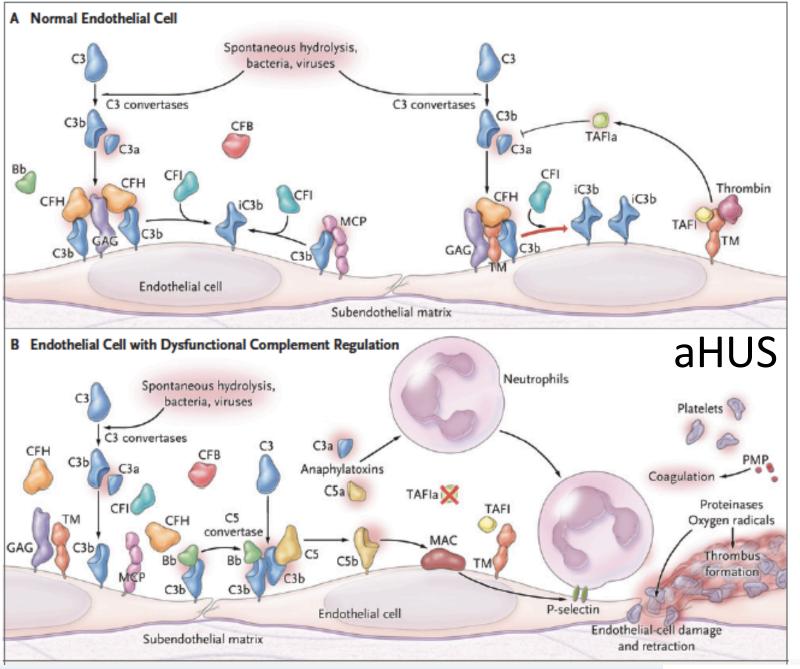
Subject	Gene	Variant	Amino acid change	Disease	MAF *	
1	C3	c.1407G>C [52] NM_000064.2	p.Glu469Asp	aHUS	0.00394	
	UNC13D	c.1579C>T [25, 26] NM_199242.2	p.Arg527Trp	HLH	0.00523	aHUS: atypical hemo
2	CD46	c.1058C>T [57] NM_172359.2	p.Ala353Val	aHUS	0.01532	uremic syndrome
	CFHR5	c.832G>A [58] NM_030787	p.Gly278Ser		0.00729	HLH: Hemophagocyti Lymphohistiocytosis-
3	UNC13D	c.2782C>T [27, 28] NM199242.2	p.Arg928Cys	HLH	0.02986	Macrophage activation Syndrome (MAS)
1	NLRP3	c.2113C>A [35] NM_004895.4	p.Gln705Lys	CAPS	0.0495	
	MEFV	c.250G>A [37] NM_000243.2	p.Glu84Lys	FMF	0.00012	
i	UNC13D	c.2983G>C [27] NM_199242.2	p.Ala995Pro	HLH	0.00096	
		c.2542A>C [27] NM_199242.2	p.Ile848Leu		0.00090	
5	CD46	c.1058C>T [57] NM_172359.2	p.Ala353Val	aHUS	0.01532	
	MEFV	c.2084A>G [60] NM_000243.2	p.Lys695Arg	FMF	0.00550	*Minor Allele Freque

Subject	Gene	Variant	Amino acid change	Disease	MAF
1	<i>C3</i>	c.1407G>C [52] NM_000064.2	p.Glu469Asp	aHUS	0.00394
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	MEFV	c.2084A>G [60] NM_000243.2	p.Lys695Arg	FMF	0.00550

aHUS: atypical hemolytic uremic syndrome

HLH: Hemophagocytic Lymphohistiocytosis—a.k.a. Macrophage activation Syndrome (MAS)

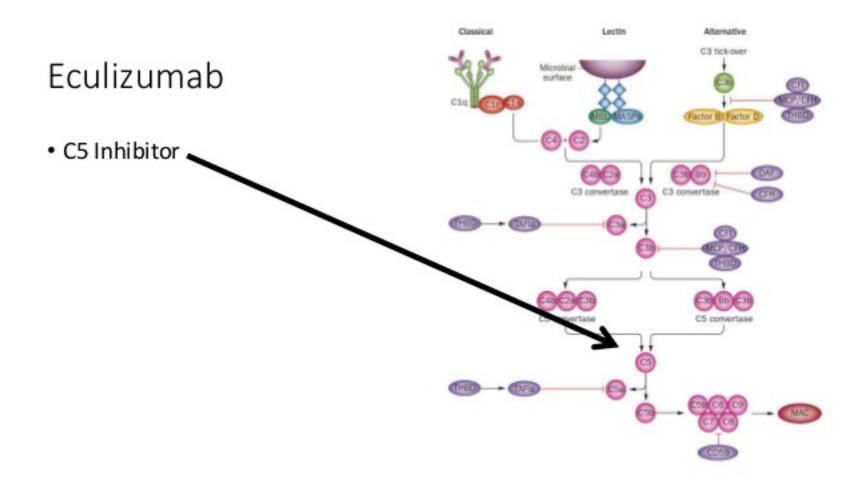
<sup>\*</sup>Minor Allele Frequency



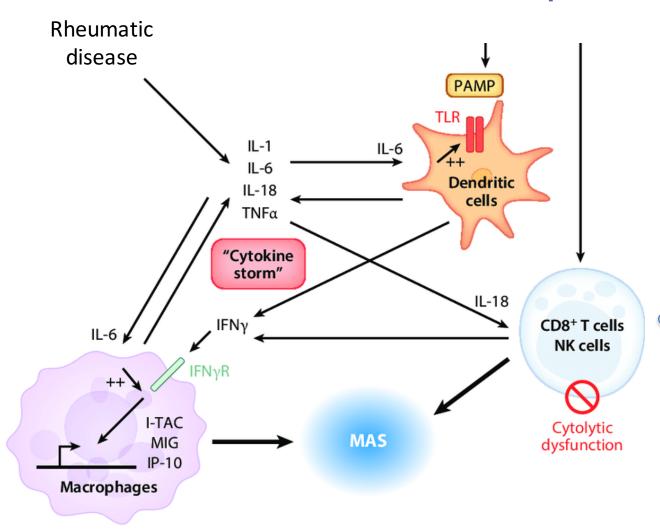
# Known genetic defects

Gene	Protein Affected	Main Effect	Frequency	Response to Short-Term Plasma Therapy†	Long-Term Outcome‡	Outcome of Kidney Transplantation
			%			
CFH	Factor H	No binding to endothelium	20–30	Rate of remission: 60% (dose and timing depen- dent)	Rate of death or ESRD: 70–80%	Rate of recurrence: 80–90%∫
CFHR1/3	Factor HR1, R3	Anti–factor H anti- bodies	6	Rate of remission: 70–80% (plasma exchange com- bined with im- munosuppres- sion)	Rate of ESRD: 30– 40%	Rate of recurrence: 20%¶
МСР	Membrane cofactor protein	No surface expression	10–15	No definitive indica- tion for therapy	Rate of death or ESRD: <20%	Rate of recurrence: 15–20%¶
CFI	Factor I	Low level or low cofactor activity	4–10	Rate of remission: 30–40%	Rate of death or ESRD: 60–70%	Rate of recurrence: 70–80%∫
CFB	Factor B	C3 convertase stabi- lization	1–2	Rate of remission: 30%	Rate of death or ESRD: 70%	Recurrence in one case
C3	Complement C3	Resistance to C3b inactivation	5–10	Rate of remission: 40–50%	Rate of death or ESRD: 60%	Rate of recurrence: 40–50%
THBD	Thrombomodulin	Reduced C3b inacti- vation	5	Rate of remission: 60%	Rate of death or ESRD: 60%	Recurrence in one case

### Treatment



### MAS/HLH



Schulert, Grant & Grom, Alexei. (2014). Annual review of medicine. 66.

Clinical features
Nonremitting fever
Hepatomegaly
Splenomegaly
Lymphadenopathy
Hemorrhagic manifestations
Encephalopathy

Cytopenias
Abnormal liver function tests
Coagulopathy (DIC)
Decreased ESR
Hypertriglyceridemia
Increased lactate dehydrogenase level
Hyperferritinemia

Histopathologic features

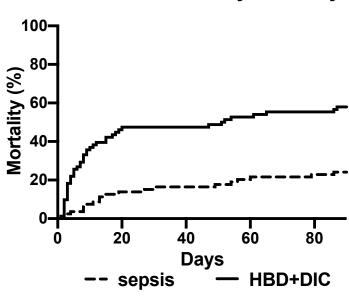
Bone marrow: Macrophage hemophagocytosis
Increased CD163 staining

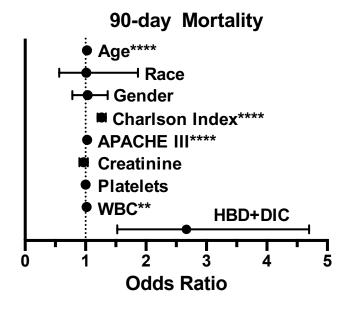
Hematol Oncol Clin N Am 29 (2015) 927-941

### MAS: ProCESS

HBD (T Bili ≥ 1.2 mg/dL ) DIC (Plts ≤ 100 and INR >1.5) N = 82/1341 (6%)

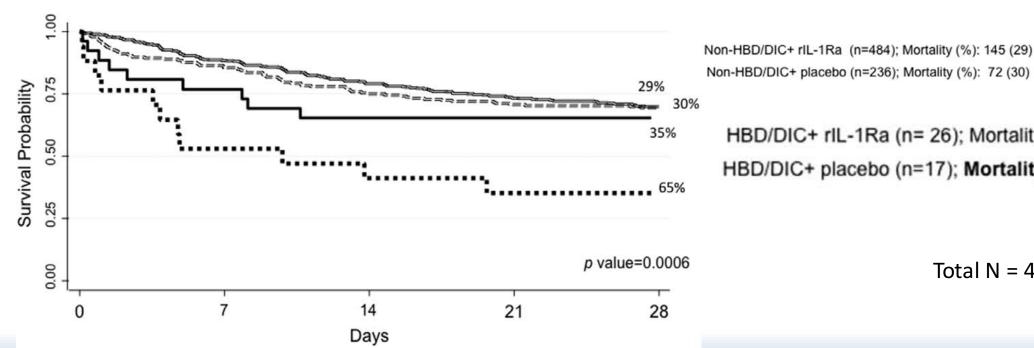
#### **Cumulative 90-day Mortality**





# Interleukin-1 Receptor Blockade Is Associated With Reduced Mortality in Sepsis Patients With Features of Macrophage Activation Syndrome: Reanalysis of a Prior Phase III Trial\*

Bita Shakoory, MD<sup>1</sup>; Joseph A. Carcillo, MD<sup>2</sup>; W. Winn Chatham, MD<sup>3</sup>; Richard L. Amdur, PhD<sup>4</sup>; Huaqing Zhao, PhD4; Charles A. Dinarello, MD5; Randall Q. Cron, MD, PhD6; Steven M. Opal, MD7



Non-HBD/DIC+ placebo (n=236); Mortality (%): 72 (30)

HBD/DIC+ rlL-1Ra (n= 26); Mortality (%): 9 (35) HBD/DIC+ placebo (n=17); Mortality (%): 11 (65)

Total N = 43/763 5.6%

### Conclusions

- Sepsis is not a single disease
- AKI in not a single disease (even in sepsis)
  - Sepsis associated AKI vs sepsis induced AKI
  - aHUS and MAS are underdiagnosed
- A "malignant" subgroup accounts for 15-20% of patients with sepsis who:
  - Have significant acute organ failure (especially kidney, liver and endothelial)
  - Mortality exceeding 40% at 28 days with no improvement in recent years
  - Nearly identical subgroup in pediatrics
- Multiple molecular targets exist
  - Environmental: e.g. DAMPs and PAMPs
  - Host derived (~Genetic): e.g. complement, IL-1
- New diseases may be discovered for sepsis and AKI but existing conditions may help explain much of the observed variation.